



# LÉMAN MANHATTAN PREPARATORY SCHOOL

## LÉMAN PLUS AFTERSCHOOL PROGRAM

### General Information

**FALL L+ SEMESTER: Monday, September 18, 2023 – Friday, January 26, 2024**

**SPRING L+ SEMESTER: Monday, January 29 – Friday, June 7, 2024**

NOTE: There is no AfterSchool when Léman is closed for vacation, holidays, or conferences. There is also no AfterSchool on early dismissal days or the Friday heading into Spring Break.

Each day after school, K-5<sup>th</sup> grade students may participate in Léman Plus classes (L+). Enrollment must be done via [this online form](#).

### THE LÉMAN PLUS DAILY SCHEDULE

At the end of each school day, students attending L+ are escorted to afterschool by Léman faculty. They will be given a snack, assemble with the L+ instructors, and then proceed to their L+ classes.

(Note to returning families: the times of L+ have shifted slightly, so read carefully below)

Each L+ day consists of two class sessions (note that Friday ends after one session at 4:30 pm). Session A classes end at 4:30 pm; Session B classes end at 5:25 pm. Students may sign up for only Session A with dismissal at 4:30 pm or enroll for both Sessions A and B with dismissal at 5:25 pm (pick up by 5:30 pm). Students can take as few as one class each week or attend daily. Students taking both Session A and B classes on any given day will receive \$100 off of the Session B class (excluding Léman Clubhouse). Each semester, L+ schedules change. You must re-enroll, even if you want the same classes each semester.

### AFTERSCHOOL PROGRAM FOR EARLY CHILDHOOD STUDENTS IN PK3 and PK4

Léman also offers an afterschool program exclusively for PK3 and PK4 students until 4:30 pm daily. PK3 and PK4 families receive separate information from the Early Childhood staff about enrollment in that program.

### ATHLETICS OPTIONS FOR 5<sup>th</sup> Graders

Fifth graders can enroll for many L+ classes. Additionally, in partnership with Léman's Athletics Department, there are 5<sup>th</sup>-6<sup>th</sup> athletics and aquatics classes. These follow a different schedule than L+ as they adhere to the Athletics program seasons. Enrollment is done through L+'s online form for these sports. Year-long swimming and Fall Soccer and Volleyball enroll now. Winter Basketball enrollment will happen in November.

### LÉMAN CONSERVATORY PRIVATE MUSIC LESSONS

Private music lessons are offered through the Léman Conservatory which is overseen by our Fine Arts Department. Families will receive information separately. L+ coordinates transitions/dismissal for Conservatory students. Please go to <https://bit.ly/lemanconservatory2324> to enroll for private lessons.

### L+ DISMISSAL

Dismissal from L+ is from the Ballroom. Parents and caregivers come to the Ballroom doors at 4:30 pm to pick up from Session A and at 5:25pm for Session B. The latest pick up is 5:30 pm (4:30 pm on Fridays).

### QUESTIONS or MORE INFORMATION:

Steve Levin, Director of After-School Programs: 332-220-2457 or [s.levin@lemanmanhattan.org](mailto:s.levin@lemanmanhattan.org).

# Léman Plus Afterschool: Fall 2023

## Weekly class schedule (Class descriptions on following pages)

<b>SESSION A CLASSES (until 4:30 pm)</b>	<b>SESSION B CLASSES (until 5:25 pm)</b>
<u><b>Mondays</b></u>	<u><b>Mondays</b></u>
<ul style="list-style-type: none"> <li>• Chess Club (K-1<sup>st</sup>)</li> <li>• Swimming (K-2<sup>nd</sup>)</li> <li>• Stop Motion Animation (1<sup>st</sup>-4<sup>th</sup>)</li> <li>• Homework Club (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Brooklyn Sewing Academy (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• CrossFit Wall Street (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Newspaper Club (4<sup>th</sup>-5<sup>th</sup>) (until 5 pm, full year)</li> </ul>	<ul style="list-style-type: none"> <li>• Léman Clubhouse (K-5<sup>th</sup>)</li> <li>• Chess Club (1<sup>st</sup>-5<sup>th</sup>)</li> <li>• Spectacular Sculpture (2<sup>nd</sup>-5<sup>th</sup>)</li> </ul>
<u><b>Tuesdays</b></u>	<u><b>Tuesdays</b></u>
<ul style="list-style-type: none"> <li>• Martial Arts (K-2<sup>nd</sup>)</li> <li>• Weird Science TV (K-2<sup>nd</sup>)</li> <li>• Clay World Returns! (1<sup>st</sup>-3<sup>rd</sup>)</li> <li>• Homework Club (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Swimming Pre-Team (3<sup>rd</sup>-4<sup>th</sup>)</li> <li>• Let's Get Cooking! (3<sup>rd</sup>-5<sup>th</sup>)</li> <li>• Futsal (5<sup>th</sup>) (until 5 pm, ends November 21)</li> </ul>	<ul style="list-style-type: none"> <li>• Léman Clubhouse (K-5<sup>th</sup>)</li> <li>• Martial Arts (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Clay World Returns! (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• TV Production (3<sup>rd</sup>-5<sup>th</sup>)</li> </ul>
<u><b>Wednesdays</b></u>	<u><b>Wednesdays</b></u>
<ul style="list-style-type: none"> <li>• My First Piggy Bank (K-1<sup>st</sup>)</li> <li>• Tumbling &amp; Gymnastics Fundamentals (K-1<sup>st</sup>)</li> <li>• Swimming (K-2<sup>nd</sup>)</li> <li>• Creative Writing (2<sup>nd</sup>-4<sup>th</sup>)</li> <li>• Homework Club (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Léman Singers (3<sup>rd</sup>-5<sup>th</sup>)</li> <li>• Swim Team (5<sup>th</sup>) (until 5 pm, ends May 31)</li> </ul>	<ul style="list-style-type: none"> <li>• Léman Clubhouse (K-5<sup>th</sup>)</li> <li>• Tumbling &amp; Gymnastics Fundamentals (1<sup>st</sup>-3<sup>rd</sup>)</li> <li>• Photography (2<sup>nd</sup>-4<sup>th</sup>)</li> <li>• Debate Club (3<sup>rd</sup>-5<sup>th</sup>)</li> </ul>
<u><b>Thursdays</b></u>	<u><b>Thursdays</b></u>
<ul style="list-style-type: none"> <li>• Musical Theater: Peter Pan! (K-1<sup>st</sup>)</li> <li>• Lego Engineering Exploration (K-2<sup>nd</sup>)</li> <li>• Beading, Braiding, and Bracelets! (1<sup>st</sup>-4<sup>th</sup>)</li> <li>• CrossFit Wall Street (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Homework Club (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Violin Club (3<sup>rd</sup>-5<sup>th</sup>)</li> <li>• Volleyball (5<sup>th</sup>) (until 5 pm)</li> </ul>	<ul style="list-style-type: none"> <li>• Léman Clubhouse (K-5<sup>th</sup>)</li> <li>• Action Improv &amp; Public Speaking Skills (2<sup>nd</sup>-4<sup>th</sup>)</li> <li>• Lego Robotics &amp; Engineering (3<sup>rd</sup>-5<sup>th</sup>)</li> </ul>
<u><b>Fridays</b></u>	<u><b>Fridays</b></u>
<ul style="list-style-type: none"> <li>• Soccer with Born Kickers (K-1<sup>st</sup>)</li> <li>• Creator's Club: Art &amp; Engineering (K-2<sup>nd</sup>)</li> <li>• Drone Genius (2<sup>nd</sup>-5<sup>th</sup>)</li> <li>• Swim Team (5<sup>th</sup>) (until 5 pm)</li> </ul>	NO SESSION B. Pick up before 4:30 pm

### 5<sup>th</sup>-6<sup>th</sup> Grade Sports: Run until 5:00 pm (see info on last page)

- YEAR-ROUND: Swim at Upper School (Wednesdays & Fridays, September 20-May 31); \$1495
- FALL: Futsal at Broad Street Gym (Tuesdays September 19-November 21); \$350  
Volleyball at Broad Street Gym (Thursdays September 21-November 16) \$350
- WINTER: Basketball at Broad St. Gym (Tuesdays & Thursdays, December 5-January 25) \$450
- LATE WINTER-SPRING: Sport TBD

## **L+ AFTERSCHOOL COURSE DESCRIPTIONS (listed in Alphabetical order)**

**NOTE: Session B classes (except Clubhouse) will be discounted by \$100 if taking two classes on the same day.**

### **Action Improv & Public Speaking with DramaZone (2<sup>nd</sup>-4<sup>th</sup> Thursday Session B) \$695**

Action Improv & Public Speaking is a fun theater game based public speaking class. This class develops “on your feet” quick thinking skills and prepares children to write and deliver speeches on social topics. The second part of this class introduces the basics of Debate while improving speech, concentration and confidence all in the spirit of fun.

### **Beading, Braiding, and Bracelets! with Ms. Roldan (1<sup>st</sup>-4<sup>th</sup> Thursdays Session A) \$695**

Creativity will seize the day in this new class that will utilize a variety of techniques and materials to produce a variety of wearables to share with friends and family... or to wear yourself! Students will make braided friendship bracelets, beaded necklaces, box stitch lanyard to hang on their backpacks, and more. Ms. Roldan can't wait to see what different patterns and color combinations you'll choose as you spend your afternoon together making fabulous creations.

### **Brooklyn Sewing Academy (2<sup>nd</sup>-5<sup>th</sup> Mondays Session A) \$695**

New to L+! Have you always wanted to use a sewing machine? Want to design and stitch your own clothing, bag. The Brooklyn Sewing Academy combines mindfulness and sewing to explore decision making, foster creativity, and build sewing technical abilities. You can create hand-sewn button pouches, pajama pants, pencil cases, tote bags, key chains, pillow cases, stuffed animals, and more! Fashion and fun are in store in this exciting new L+ class.

### **Chess Club with Mr. Lenny (K-1<sup>st</sup> Monday Session A; 1<sup>st</sup>-5<sup>th</sup> Monday Session B) \$695**

Children receive instruction and supervised game play from Mr. Lenny, a skilled chess master who has taught students at every level. Instruction will include piece movement, pawn promotion, castling, basic opening strategies, basic checkmate patterns, master games analysis, and basic tactics (pins, forks, discoveries). Mr. Lenny will stress good sportsmanship as well as respect for the game and other players.

### **Clay World Returns! (1<sup>st</sup>-3<sup>rd</sup> Tuesday Session A; 2<sup>nd</sup>-5<sup>th</sup> Tuesday Session B) \$695**

Welcome to Clay World, where your imagination will run wild as your child develops their fine motor skills and artistic capabilities. Many years ago, Léman became the first NYC school to add Miami's Clay World into the menu of diverse afterschool enrichment options available. This longtime L+ favorite is back for the first-time since before the pandemic to inspire our students. Students will mold cartoon characters, foods with funny faces, and other extraordinary creatures that will delight all who see them.

### **Creative Writing with Vineyard App Camp (2<sup>nd</sup>-4<sup>th</sup> Wednesday Session A) \$695**

Do you have a story to tell? Want to learn how to express yourself through writing? Join this new Creative Writing class! This course helps students who love stories express themselves through writing, develop their verbal skills, and learn how to craft compelling characters to build immersive worlds. Through guided exercises and personalized feedback, students will learn how to bring their ideas to life and create stories that will captivate readers. Younger learners will work on creating and illustrating their own cool chapter books. Regardless of age, all you need is a pen and paper, and you're ready to start writing!

### **Creator's Club: Art & Engineering with iCamp (K-2<sup>nd</sup> Friday Session A) \$695**

Practical and creative design meet in this club for young creators interested in both art and engineering. Here, students will learn the nuts and bolts behind home design, animal habitat creation, and even engineer their own obstacle courses – along with more challenging projects. This course homes in on subjects that have already captured your child's interest, such as architecture, natural science, and engineering, and empowers them to create and design their own projects centered on these topics. Over time, they will develop the confidence needed to apply engineering principles in their own lives and inspire a lifetime of planning, building, and creating.

### **CrossFit Wall Street (2<sup>nd</sup>-5<sup>th</sup> Monday Session A or Thursday Session A) \$695**

Back by popular demand! Piloted at Camp Léman in 2018 and added to L+ soon after, this engaging fast-paced workout class gets older students moving at a gym just one block from Léman and has become a favorite of L+ and Camp Léman. Led by a professional trainer, participants will learn effective, age-appropriate exercises to help stay fit and healthy. Students are walked to and from the gym by a CrossFit staff member.

### **Debate Club with Spark Business Academy (3<sup>rd</sup>-5<sup>th</sup> Wednesday Session B) \$695**

Learn the art of persuasion! Students work in rotating groups to practice their debating skills in a supportive environment, including developing arguments, issuing rebuttals, providing examples, rebuilding their case and summarizing points of view. Students learn to think on their feet and enhance their public-speaking skills, gaining self-confidence in the process.

### **Drone Genius (2<sup>nd</sup>-5<sup>th</sup> Friday Session A) \$695**

Drone Genius is back at Léman for the first time since 2019! This popular program provides innovative STEM education to help prepare students to meet the demands of today (and tomorrow)! Drones are changing our world in many ways by delivering packages, helping first responders, providing security, photography, videography, and so much more. This class teaches students how to navigate and embrace drone technology while continuing to sharpen their math, science tech, and engineering abilities, and our favorites, spatial reasoning and solution engineering. We provide different types of drones and STEM-related activities that are paired with apps. All equipment is provided! Students work collectively in teams to achieve a new mission each week include scavenger hunts only using a drone, drone races, hovering challenges, and so much more!

### **Homework Club (2<sup>nd</sup>-5<sup>th</sup> Monday, Tuesday, Wednesday, or Thursday Session A) \$350**

L+ staff ensure a quiet and conducive environment in which students can complete their homework. Students are expected to work independently and do their daily reading if they finish their written homework. Students must come prepared to focus on getting their homework completed so that all can enjoy some game time at the end of the hour!

### **Lego Engineering Exploration with iCamp (K-2<sup>nd</sup> Thursday Session A) \$695**

Take your child's knack for building to another level with iCAMP's LEGO Engineering Exploration course. Students will use classic LEGO pieces to solve hands-on engineering challenges, like building and stress-testing a bridge, constructing storm-proof towers, and more! Instructors will lead your little engineers through engaging and instructive builds that focus on introducing and reinforcing the engineering design process for each student. Each lesson is also paired with a narrative, explaining the need and purpose behind the simple machines, structures, and tools that the children will construct with the LEGO set.

### **Lego Robotics & Engineering with iCamp (3<sup>rd</sup>-5<sup>th</sup> Thursday Session B) \$695**

With the help of the incredible LEGO SPIKE Essential kits, students can experience the wonder of their first robotics course. During each lesson, students will be challenged to build a new robotic gadget or gizmo to solve a problem through exciting, story-based challenges. Then, they can learn the ins-and-outs of coding to operate their robot creations and complete the challenge. Each build will require the use of teams, helping children to learn additional collaborative and cooperative skills to go along with their newfound expertise as robot engineers. But it's not all 1's and 0's – students will also have the freedom to design and customize their projects so each build becomes a reflection of their personality.

### **Léman Clubhouse (K-5<sup>th</sup> Monday-Thursday Session B) \$350**

Students enjoy games, books, arts materials, block building, and other activities in a supervised room to end their day at school. Weather permitting, they may also enjoy play time on the rooftop.

### **Léman Singers (3<sup>rd</sup>-5<sup>th</sup> Wednesday Session A) \$350**

Students who love to sing are invited to be a part of this exciting choral group (which is distinct from the 4th and 5th grade daytime chorus classes). Singers work together to learn, play, and grow through a fun and engaging choral experience. By exploring a range of styles, genres, and activities, *Léman Singers* is sure to be a joy for participants and audiences alike.

### **Let's Get Cooking (3<sup>rd</sup>-5<sup>th</sup> Tuesday Session A) \$695**

Welcome to the Léman Café, the source of sweet aromas and delicious culinary creations. Students will work with Léman's culinary professionals on cooking both sweet and savory treats to enjoy each week. We will share the recipes so that they can make them at home, and perhaps add their own personal touch as they develop their own kitchen skills.

### **Martial Arts (K-2<sup>nd</sup> Tuesday Session A; 2<sup>nd</sup>-5<sup>th</sup> Tuesday Session B) \$695**

In the modern world of phones and tablets, a refreshment of mind and body are necessary to maintain good health. This martial arts class provides that opportunity! Through cardio, strength training, boxing, and stretching, your child will have an action-packed experience to look forward to each week. Each class is formulated to bring out the absolute best qualities in your child. Learning self-defense maintains confidence, rigorous physical training teaches discipline, and the relationship between teacher and pupil instills them with eternal wisdom. These classes are the perfect balance between traditionalism and modernism, which will be FUN, but also a serious introduction to what it means to be a young martial artist.

### **Musical Theater: Peter Pan! with DramaZone (K-1<sup>st</sup> Thursday Session A) \$695**

Calling all Pirates and Mermaids! Come soar through the air on this magical journey with Peter, Wendy and friends. It's time to "Crow" about all the fun lessons we will learn together. Hurry and register, the "Crock Clock" is ticking out. All classes teach singing, dancing and acting through age-appropriate exercises. This class culminates in a show for friends and family. Singing teaches rhythm and math through counting, dancing teaches coordination and flexibility, and acting teaches speech and diction while encouraging confidence. No experience necessary, all talents welcome!

### **My First Piggy Bank with Spark Business Academy (K-1<sup>st</sup> Wednesday Session A) \$695**

Earn, save, spend, donate! Through math games and hands-on activities students learn about these and other key financial concepts like money, budgeting and saving. Students will also learn the basic concepts of philanthropy and donating to charity. And, everyone will make their very own piggy bank to take home! Financial literacy is an essential life skill, and it's never too early to build this knowledge.

### **Newspaper Club with Mr. Peter (4<sup>th</sup>-5<sup>th</sup> Monday Full Year class; Double Session ends at 5:00 pm) \$995**

Léman's Lower School Newspaper published its first issue in June 2022. Last school year, regular issues of *The Junior Bullhorn* kept our community informed of all the goings on throughout our school. We will deepen the journalistic skills of our students as they contribute to this "newsworthy" part of the 41 Broad. **Newspaper "staffers" must commit for the full year**, and Monday meetings will run from the end of the school day until 5:00 pm. Working with Teacher-Advisor Mr. Peter, students will learn writing and reporting skills, experience the challenge of deadlines and word counts, and develop an appreciation of the journalistic process. Note: Students not joining the "staff" of the Junior Bullhorn will still be able to contribute by writing articles and making other submissions throughout the year.

### **Photography with Vineyard App Camp (2<sup>nd</sup>-4<sup>th</sup> Wednesday Session B) \$695**

A picture is worth a thousand words! Have you ever wanted to be a photographer? Well, this is the chance. In this back-by-popular-demand L+ class, we'll learn the basics of photography, in all of its forms. We will learn about composition, lighting and other core strategies that allow professionals to take incredible photos. We will get to take pictures around Léman's Lower School and go on walking tours to find the most interesting subjects to capture!

### **Soccer w/ Born Kickers (K-1<sup>st</sup> Friday Session A) \$695**

Born Kickers FC is again bringing the Kickers Soccer program to Léman after many years of coaching at Camp Léman and L+. The program focuses on basic skills with the ball, footwork, and physical agility. Players develop their game with the right balance between engagement and fun under the instruction of fantastic soccer coaches from around the world.

### **Spectacular Sculpture with Ms. Hansen (2<sup>nd</sup>-5<sup>th</sup> Monday Session B) \$695**

Students will have the opportunity to make amazing clay creations in this hour of artistic expression! Using ceramic clay, students will be able to create pottery, animals, and much more. Come let your creative juices flow in the art room with other artistic spirits.

### **Stop Motion Animation with Ms. Hansen & Ms. Seitner (1<sup>st</sup>-4<sup>th</sup> Monday Session A) \$695**

Young artists will learn how to make their very own claymation films! Students will work together to conceptualize stories and bring their characters to life. Artists will learn every step of the animation process, from character design to background to audio! The semester will culminate with their very own feature film!

### **Swimming with Léman Aquatics (K-2<sup>nd</sup> Monday or Wednesday Session A) \$695**

Whether dealing with a child's first experiences in the pool or teaching advanced stroke technique, we create aquatic classrooms where fear turns to joy, and a lifetime love of swimming is nurtured. Low teacher to student ratios ensure that each student will improve their skills with differentiated instruction.

### **Swimming Pre-Team (3<sup>rd</sup>-4<sup>th</sup> Tuesday Session A) \$695**

The Pre-Team is intended for skilled swimmers who are proficient at freestyle and backstroke, can swim 4 laps of freestyle, and are excited to practice and be part of a team-style practice. Lap swimming, advanced stroke technique, and racing skills are all a part of the pre-team practices that will be led by Léman's Aquatic Staff. This serves as an excellent prep for our Upper School swim teams!

**Tumbling & Gymnastics Fundamentals w/ Togetherhood (K-1<sup>st</sup> Weds Session A; 1<sup>st</sup>-3<sup>rd</sup> Weds Session B) \$695**

Are you ready to flip out?! In this open-level gymnastics class, you will practice skills like walkovers, handstands and cartwheels before advancing to handsprings, tucks, and layouts. Students of different levels will be challenged with differentiated instruction for those ready to expand their repertoire. Fitness and fun come together in this exciting L+ class. Get ready to gain flexibility, strength, and confidence... one pass at a time! With a skilled instructor and an encouraging environment, this class is sure to nail a Perfect 10!

**TV Production with CinemaKidz (3<sup>rd</sup>-5<sup>th</sup> Tuesday Session B) \$695**

Ready to pitch your big idea to Netflix? Join CinemaKidz and learn to produce your very own original TV series! Together, kids will plan art direction, storyboard, make costumes, film, act in, and edit a TV show. Participants develop characters, and structure an episodic story arc to span a mini TV show. Shows may range from dramas and sci-fi fantasy stories, to news or talk shows. Participants will utilize a variety of filmmaking equipment including green screens, dollies, tripods, lights, gels, and try out more advanced editing techniques.

**Violin Club with Jon Weber (3<sup>rd</sup>-5<sup>th</sup> Thursday Session A) \$695**

Students who love playing the violin and want to play in a string ensemble are invited to be part of this after-school group! It will continue to build on the violin skills learned from the daytime music classes. Under the direction of Jonathan Weber (Upper & Lower School Violin and String Ensemble Teacher), students will continue to build musicianship, develop violin performance skills, and learn repertoire in a variety of genres ranging from classical & folk music to popular music. (Admission Prerequisite: Students interested in participating in this group should currently be of an "intermediate" playing level with basic knowledge of 1st Position on the violin.)

**Weird Science TV with CinemaKidz (K-2<sup>nd</sup> Tuesday Session A) \$695**

Put on your lab coats and secure your goggles: it's time for some wacky science with CinemaKidz! From mixing magic potions and making a slime monster come to life with stop motion, to building a cardboard invention to showcase, anything is possible in Weird Science Television! Working together, students will learn, then demonstrate for others how to make mind blowing experiments and more for their kid-run science show. Using their science skills, these creative kids will then create their very own Bill Nye inspired TV show

**Sports Classes for 5<sup>th</sup>-6<sup>th</sup> Grades (until 5:00 pm) – See info on bottom of page 2**

In partnership with Léman's Athletics Department, L+ offers twice a week seasonal sports classes for 5<sup>th</sup> and 6<sup>th</sup> graders to help prepare students for Léman's Athletics Teams which start in 7<sup>th</sup> grade. Participants will enjoy instruction and friendly scrimmages against their Léman peers. Gym sports (volleyball, futsal and basketball) will be held at 41 Broad Street on Tuesdays and Thursdays with dismissal from the Broad Street Lobby at 5:00 pm. Swim Team (which lasts the full year) will be at 25 Greenwich Street (the Upper School Pool) on Wednesdays and Fridays with pick up at 5:00 pm from the 25 Greenwich entrance. Students are encouraged to attend both days of swimming, but if necessary, can attend only Wednesdays or only Fridays. The late Winter-Spring sport be announced when L+ second semester information goes out in December.



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BULLS



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Each student, future prepared.