



Upper School Lunch Menu

September 10th-14th

Monday

*Happy Rosh
Hashanah*

Tuesday

*Happy Rosh
Hashanah*

Wednesday

Entree:
Herb Marinated
Chicken Breast

Vegetarian Entree:
Falafel

Side #1:
Whole Wheat Pita

Side #2:
Greek Salad

Thursday

Entree:
Ginger and
Lemongrass
Scented Beef
Lettuce Cups

Vegetarian Entree:
Tofu and
Mushroom

Side #1:
Jasmine Rice

Side #2:
Rainbow Coleslaw

Friday

Entree:
Macn'Cheese

Side #1:
Broccoli

Side #2:
Fruit Salad

Italian Ice

Available Daily

Full Salad & Sandwich Bar
Fresh Whole Fruit
Organic Yogurt & Applesauce

Fruit Juice & Filtered Water
Organic Lowfat & Nonfat Milk
Soy, Rice, & Lactose-free Milk

Menu subject to changes due to availability.